



Personal equipment for M1+2

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| <input type="checkbox"/> Wet suite with hood (at least 4.5 mm), neoprene socks | <input type="checkbox"/> Hood (or neoprene jacket with hood) |
| <input type="checkbox"/> Rockfall certified helmet (recommended color: red) | <input type="checkbox"/> Canyoning backpack (40-50l) + 1 m, 6mm accessory cord + 1 carabiner |
| <input type="checkbox"/> Canyon-/ or even better : industrial harness | <input type="checkbox"/> 2 square figure eight (recommended: Petzl huit) + 1 HMS carabiner |
| <input type="checkbox"/> 5 HMS carabiners | <input type="checkbox"/> 1 Shunt (Petzl) + 1 HMS carabiner |
| <input type="checkbox"/> Bornack Rettungs- Sicherungsschlinge with 2 HMS carabiners and one rapid link | <input type="checkbox"/> 1 quickdraw 15cm + 2 HMS carabiners |
| <input type="checkbox"/> Sewn slings (60 cm and 120 cm) | <input type="checkbox"/> 60 m canyoning rope (non floating, static or semi-static) + approx. 20 m old ropen |
| <input type="checkbox"/> Old 4m climbing rope (10mm) (obsolete) | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Canyoningshoe (recommended: 5.10, no alpine trekking shoes) | <input type="checkbox"/> CRKT "bear claw" round tip serrated |
| <input type="checkbox"/> Headlamp | <input type="checkbox"/> Diving mask (tempered glass + nose covering silicone) |
| <input type="checkbox"/> Whistle | <input type="checkbox"/> 1 T-block or Micro Traxxion (Petzl) |
| <input type="checkbox"/> Sportswear | <input type="checkbox"/> Artistic Throwline (18 mtr. with integrated hip belt) |
| <input type="checkbox"/> Running shoes | <input type="checkbox"/> First aid kit based on DIN 13 164 car kit |
| <input type="checkbox"/> 2m long 6mm accessory cord | <input type="checkbox"/> Rain gear |
| <input type="checkbox"/> 2 rapid links | <input type="checkbox"/> |

All carabiners have to be HMS with screwgate (except the one for the backpack) !

The instructor team has to exclude a student from the course if the required material is not complete or the required techniques, papers and fitness level is not provided. Contact the senior instructor in case of problems BEFORE the course !

Sign your material!
